

Bass and Snare drum independence workout on Jazz Style

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EDO

c/o Griya Musik Irama Indah
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Denpasar 80113
BALI - INDONESIA

This exercises is to build an independence movement, the combinations of hands and feet on a triplet environment in jazz time. Always start slowly first to get the natural feel of muscle and balance on the set, then start build up the tempo. Metronome is highly advised.

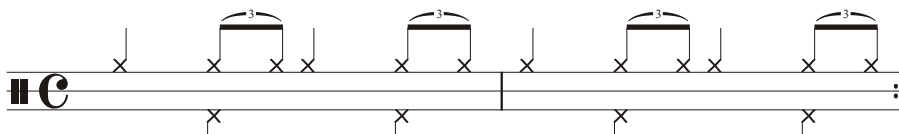
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I appreciate any response regarding this workout idea. Thanks, keep on drumming and goodluck.

KEY

cym	X
hi-hat w/ foot	●
snare drum	●
bass drum	X

Jazz time

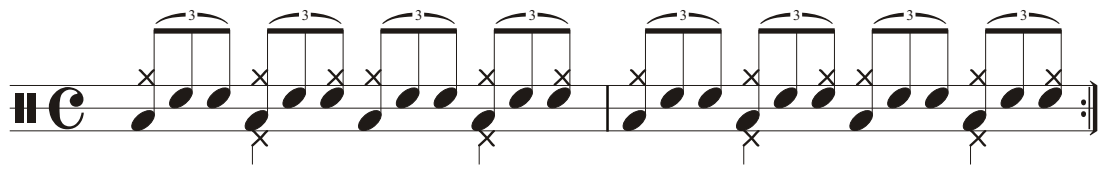


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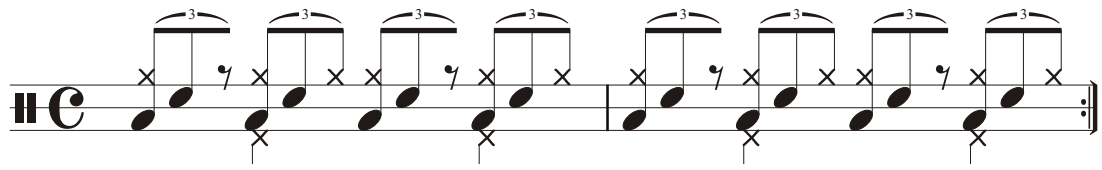
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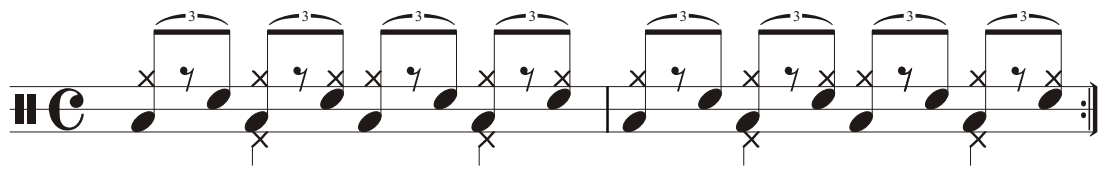
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1 

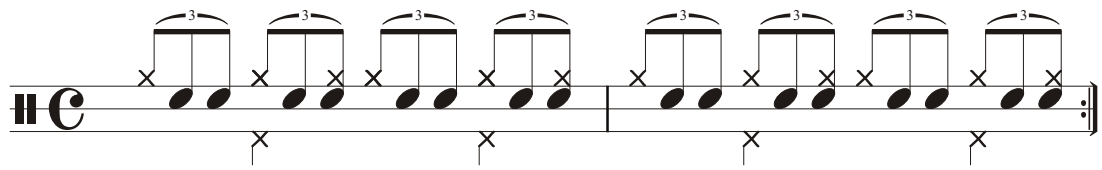
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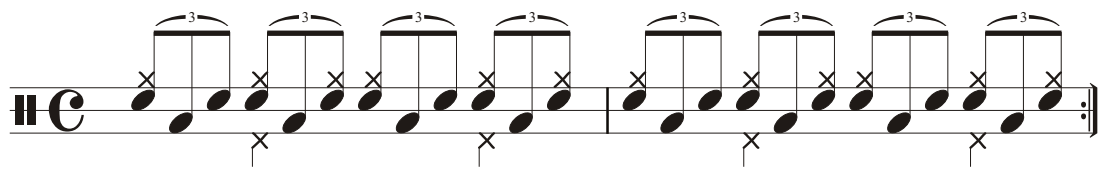


variation 2

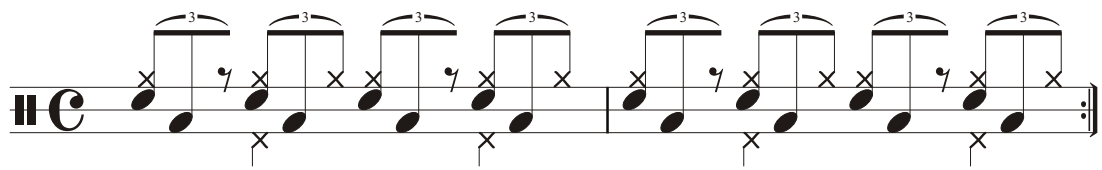


variation 3



2 

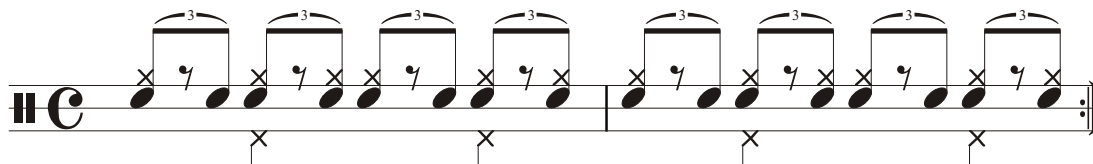
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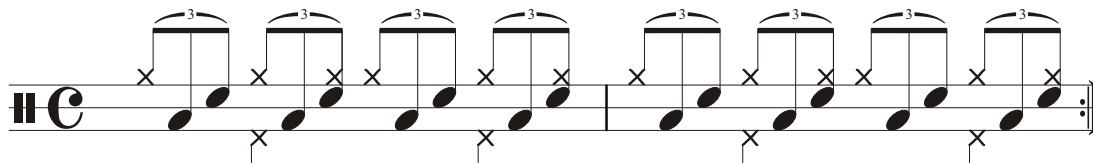
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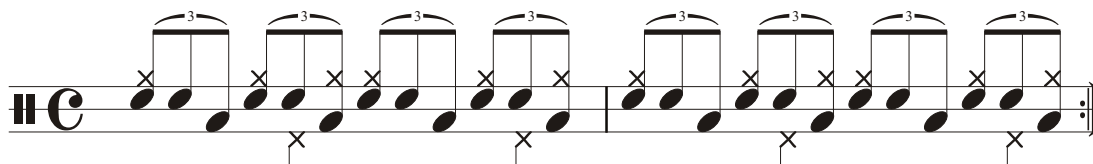
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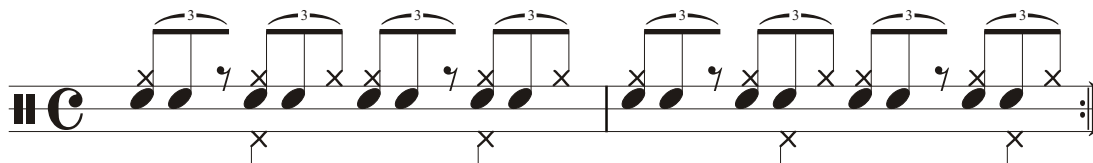
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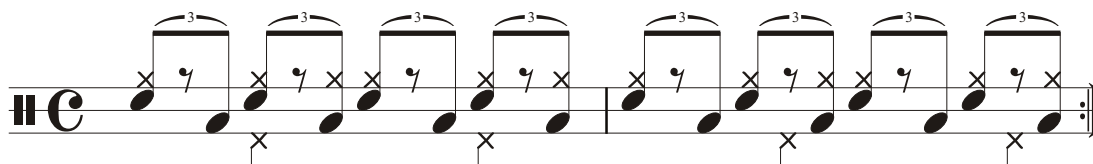
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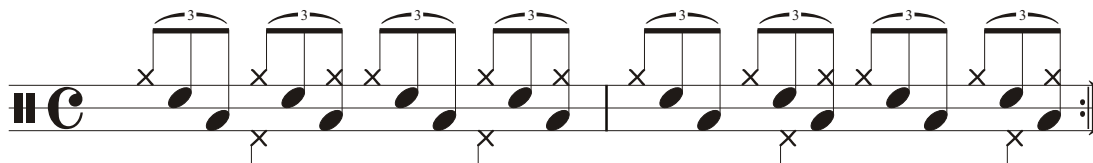
variation 1



variation 2



variation 3



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4

variation 1

5

variation 1

6

variation 1

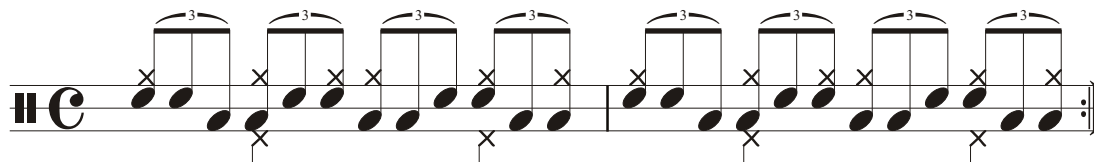
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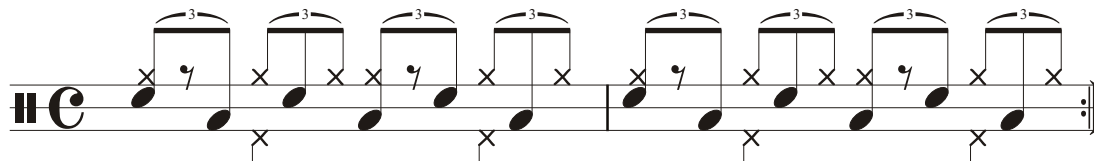
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7



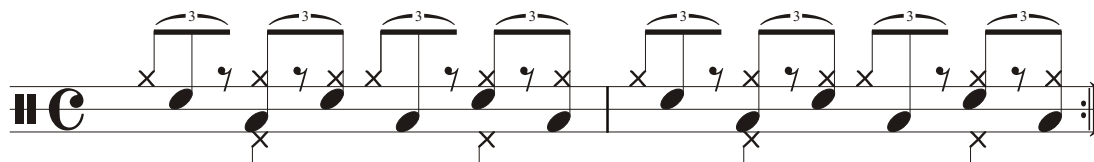
Musical notation for exercise 7, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 1



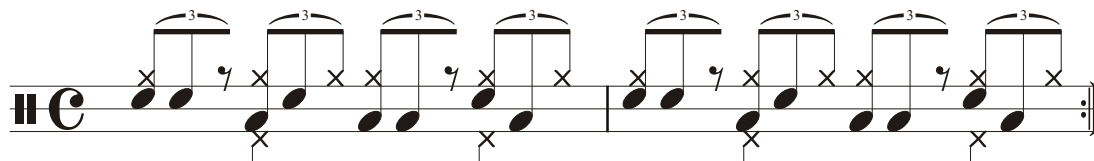
Musical notation for variation 1, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 2



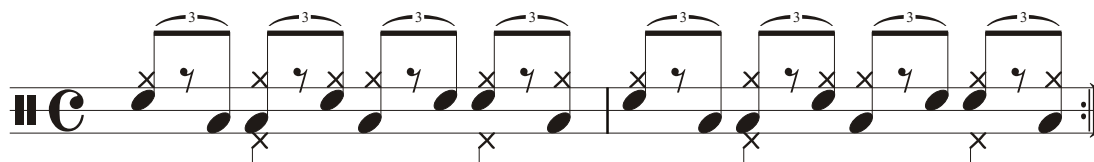
Musical notation for variation 2, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 3



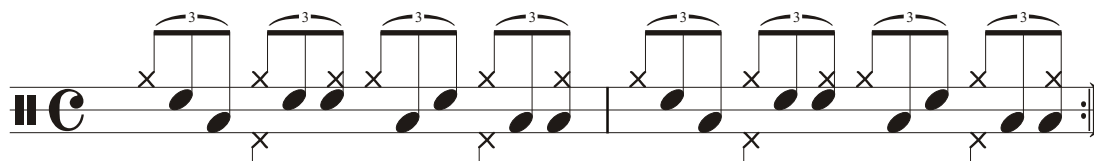
Musical notation for variation 3, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 4



Musical notation for variation 4, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 5



Musical notation for variation 5, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

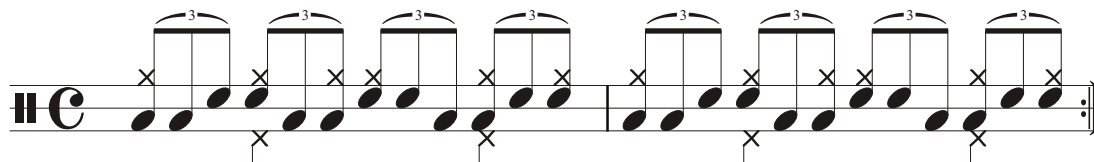
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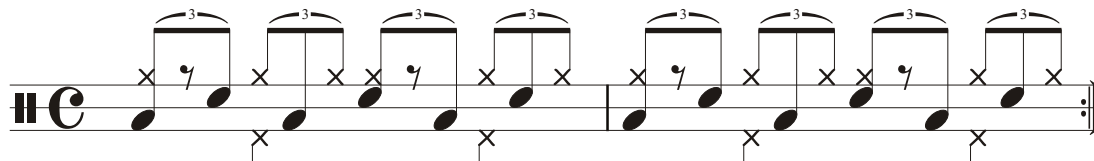
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8



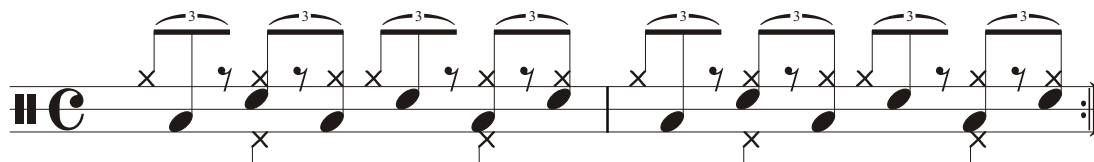
Musical notation for exercise 8, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 1



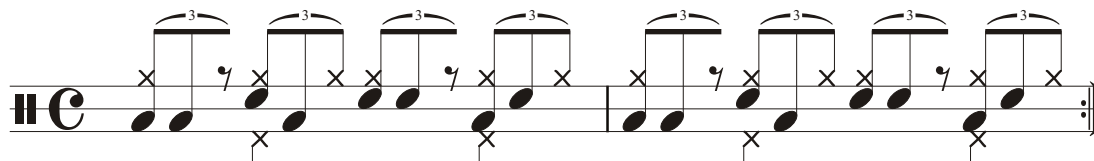
Musical notation for variation 1, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 2



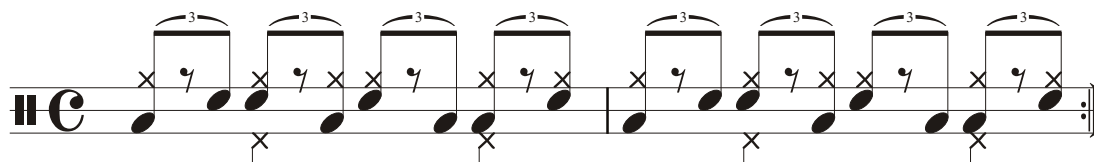
Musical notation for variation 2, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 3



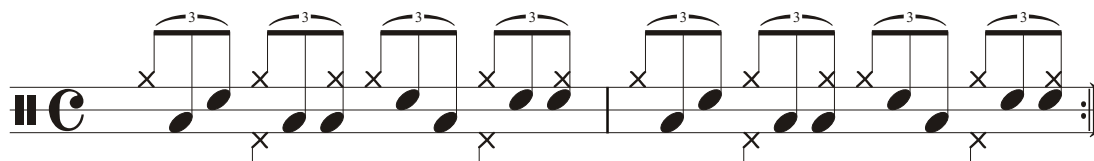
Musical notation for variation 3, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 4



Musical notation for variation 4, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

variation 5



Musical notation for variation 5, featuring a bass drum line with eighth notes and a snare drum line with triplet eighth notes. The exercise is in 4/4 time and consists of two measures.

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9

Musical notation for exercise 9. It consists of two staves in common time (C). The top staff is the bass drum line, and the bottom staff is the snare drum line. The bass drum line features a sequence of eighth notes grouped in triplets, with a '3' above each group. The snare drum line consists of 'x' marks indicating snare hits, occurring on the off-beats of each triplet group.

variation 1

Musical notation for variation 1. It follows the same structure as exercise 9, but the snare drum line has a '7' marking on the second triplet group, indicating a specific snare hit pattern.

variation 2

Musical notation for variation 2. It follows the same structure as exercise 9, but the snare drum line has '7' markings on the first and third triplet groups.

variation 3

Musical notation for variation 3. It follows the same structure as exercise 9, but the snare drum line has '7' markings on the first and second triplet groups.

variation 4

Musical notation for variation 4. It follows the same structure as exercise 9, but the snare drum line has '7' markings on the second and fourth triplet groups.

variation 5

Musical notation for variation 5. It follows the same structure as exercise 9, but the snare drum line has '7' markings on the first, third, and fifth triplet groups.

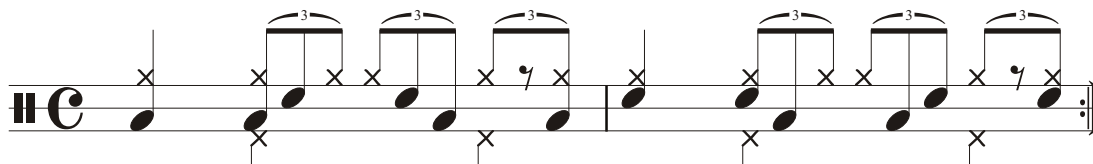
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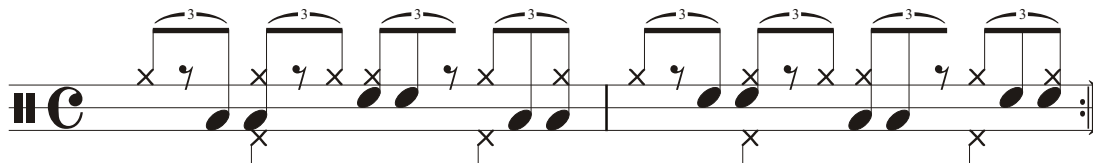
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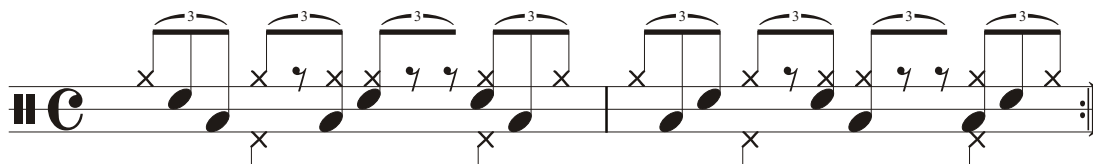
variation 6



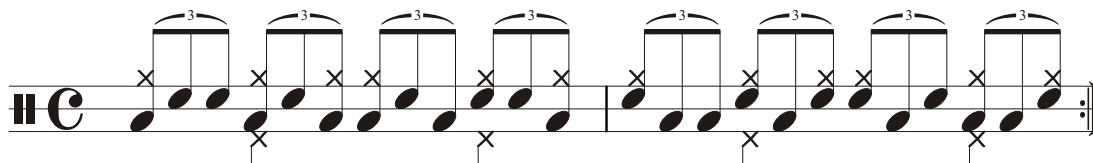
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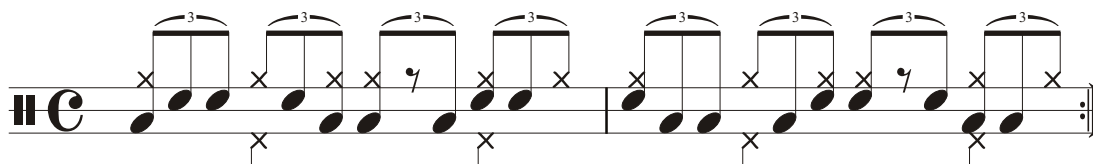
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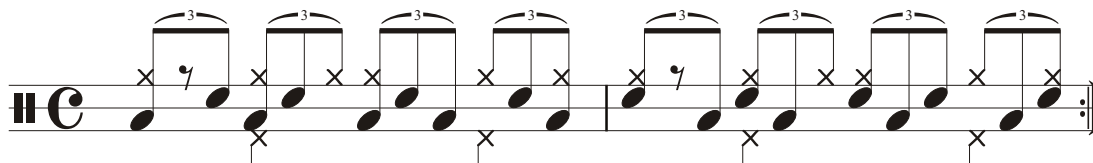
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variation 1



variation 2



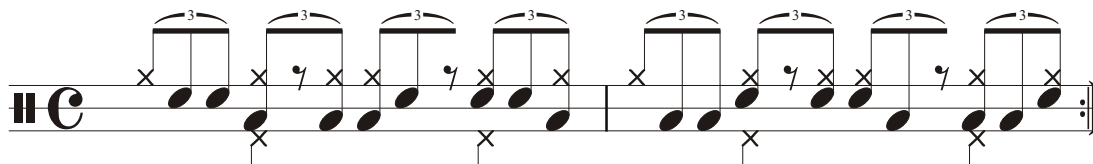
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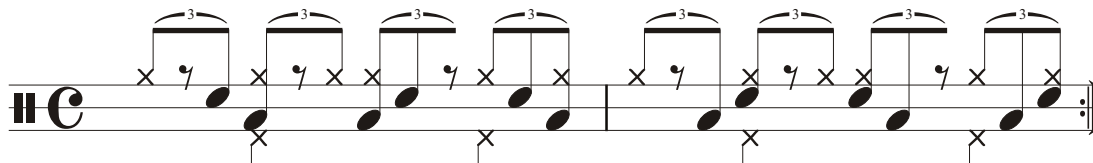
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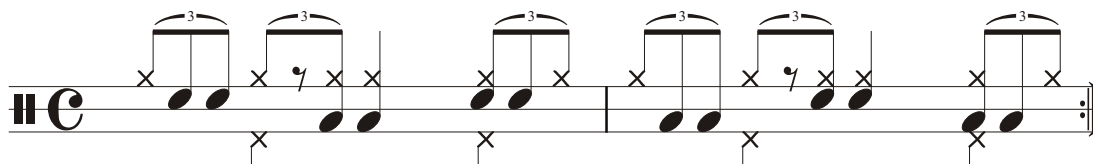
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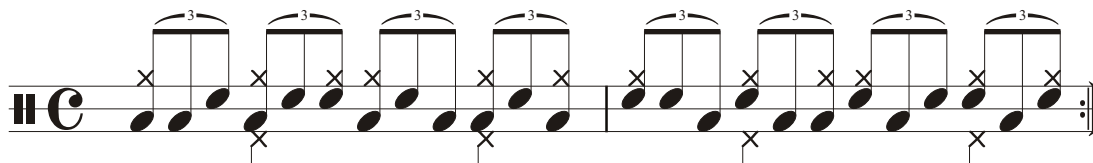
variation 4



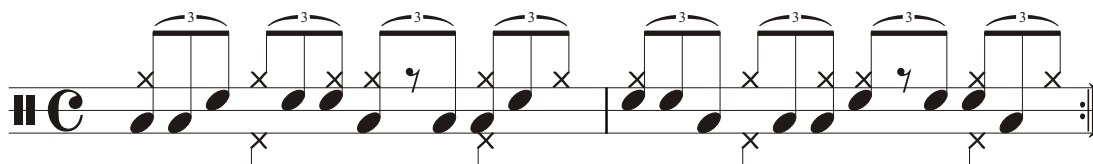
variation 5



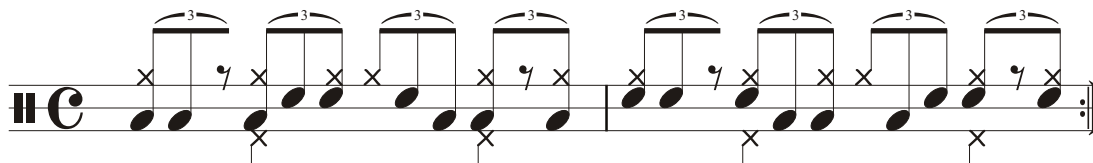
11



variation 1



variation 2



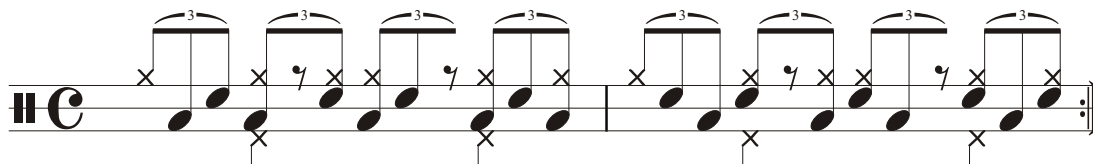
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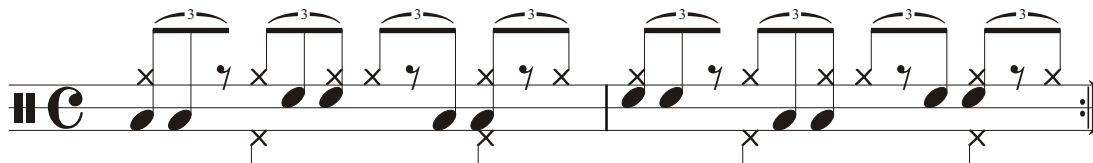
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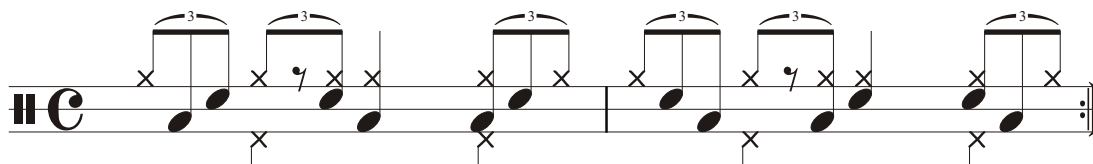
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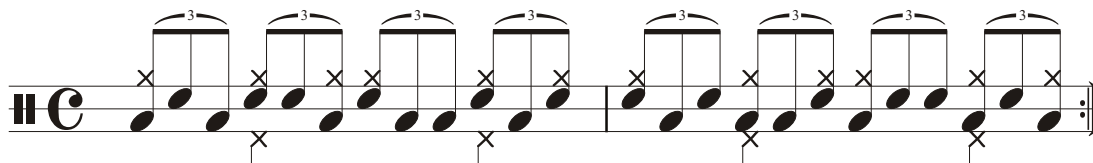
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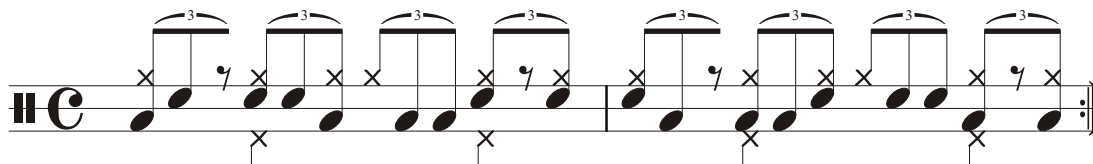
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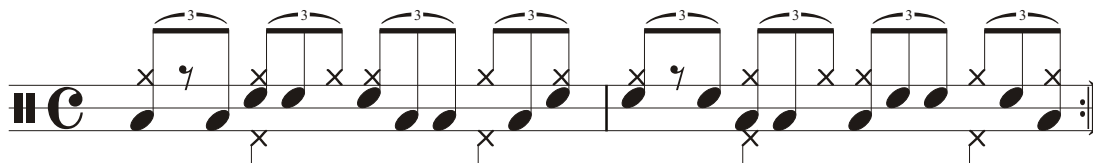
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variation 1



variation 2



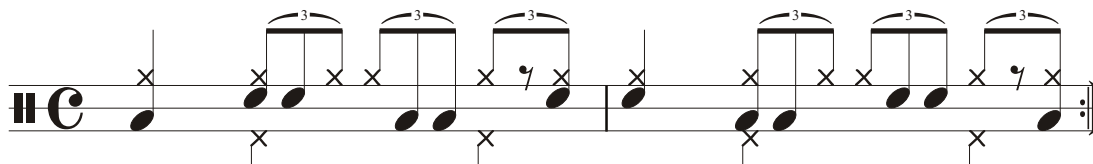
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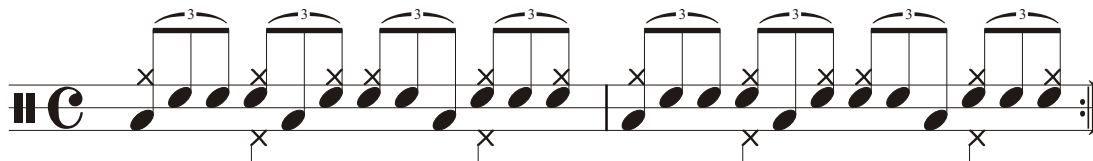
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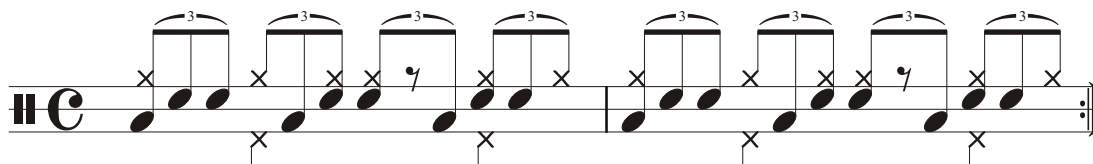


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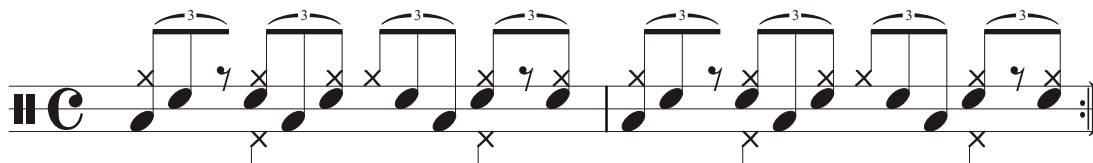
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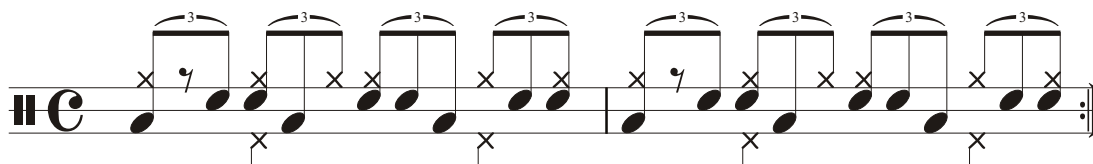
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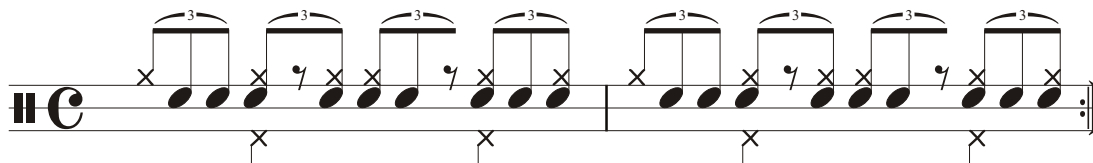
variation 2



variation 3



variation 4



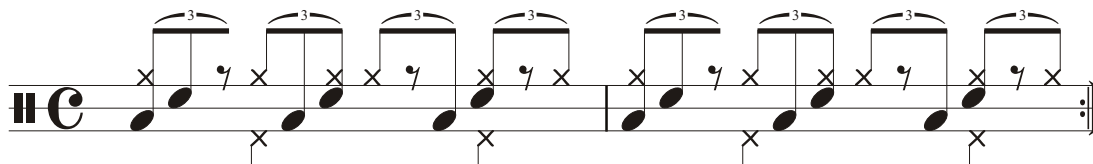
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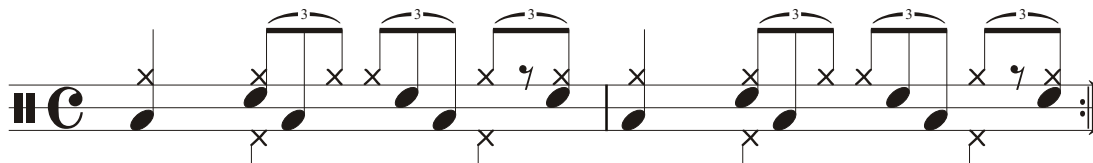
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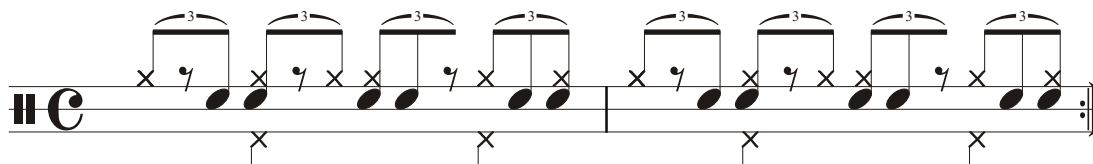
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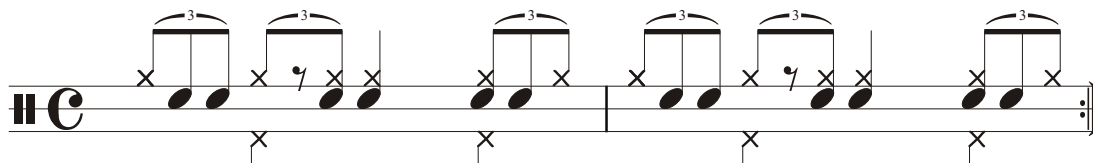
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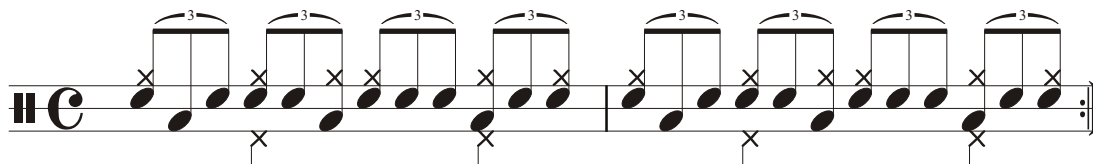
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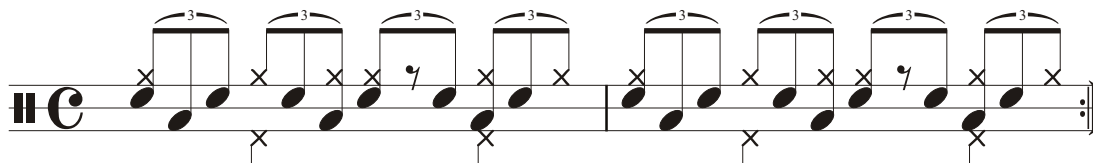
variation 8



14



variation 1



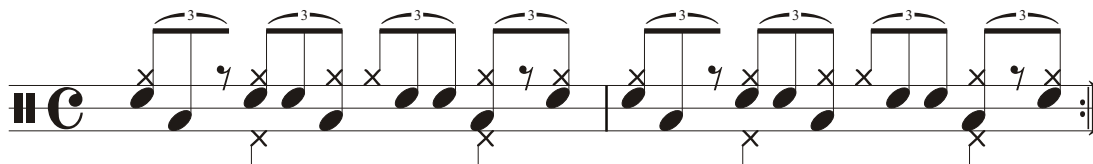
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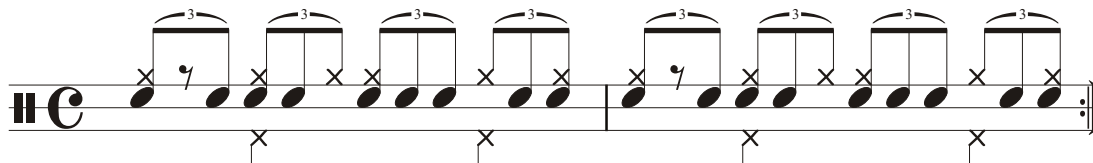
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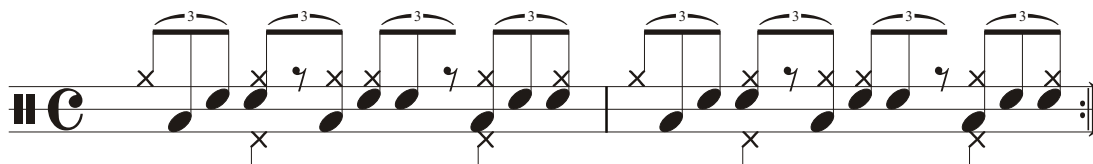
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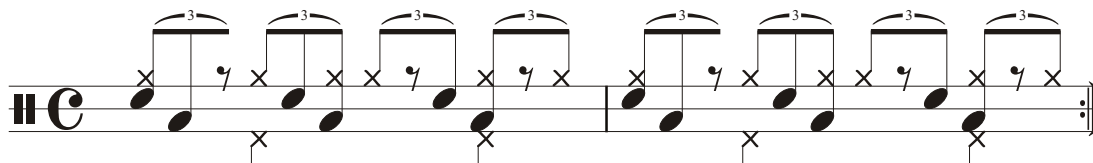
variation 3



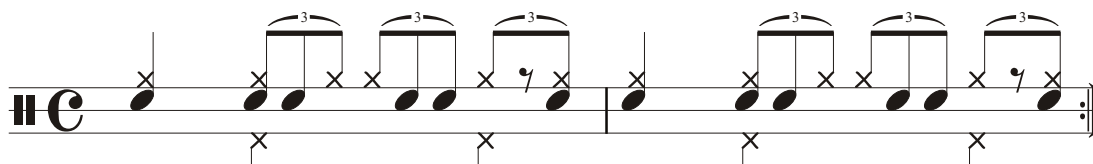
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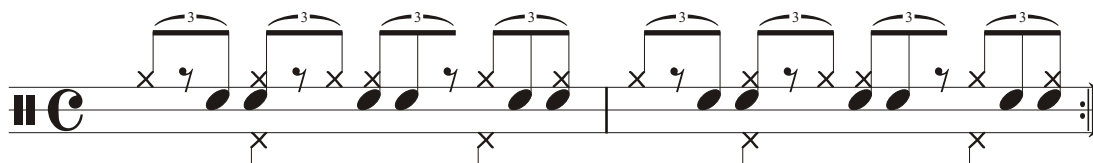
variation 5



variation 6



variation 7



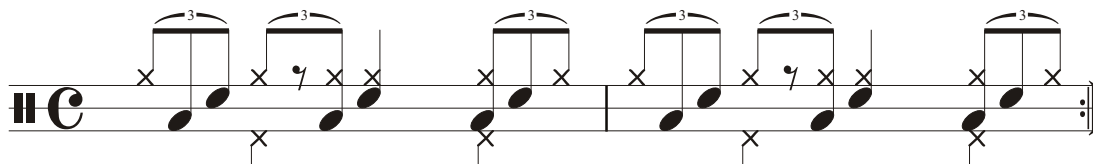
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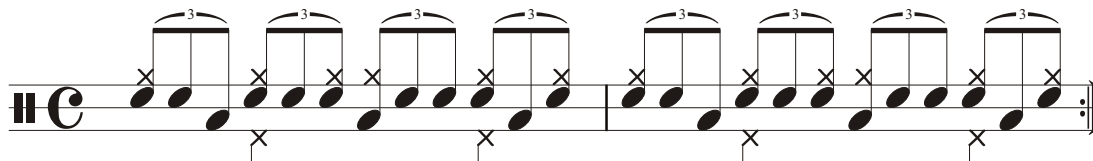
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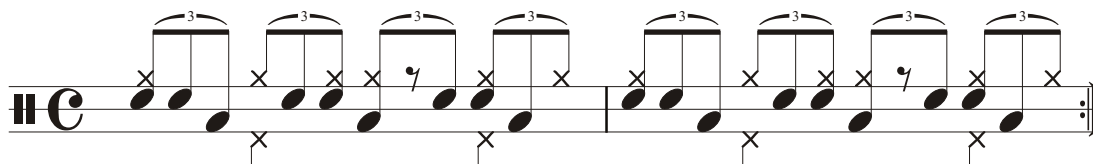
variation 8



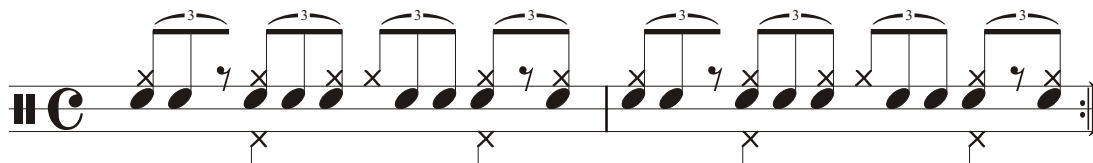
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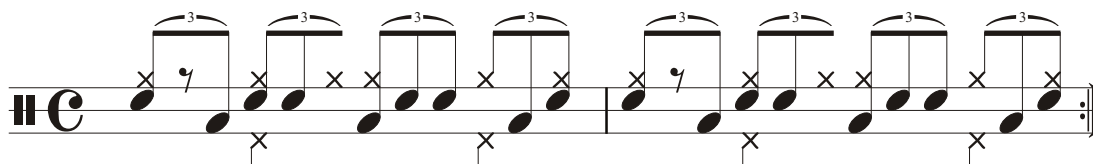
variation 1



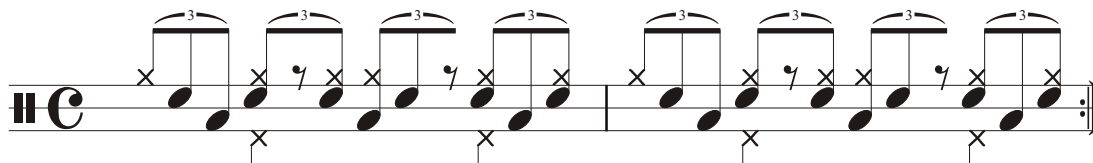
variation 2



variation 3



variation 4



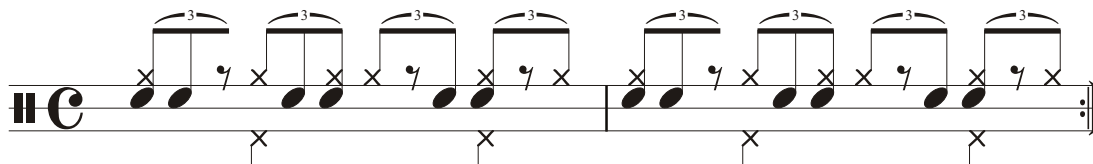
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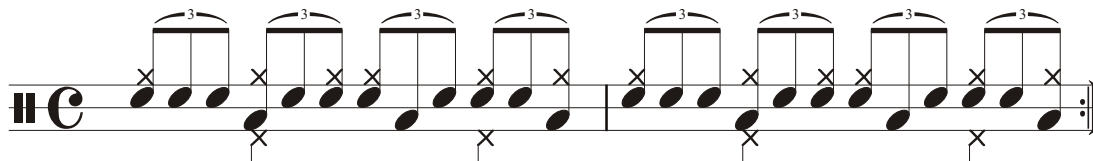
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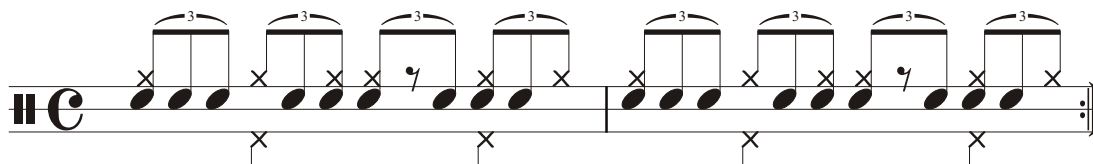
variation 5



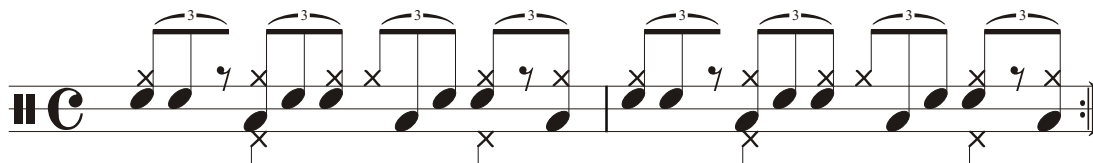
16



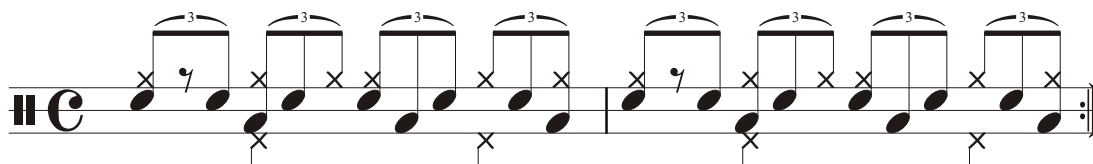
variation 1



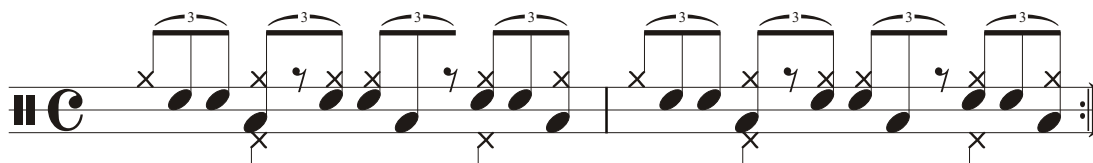
variation 2



variation 3



variation 4



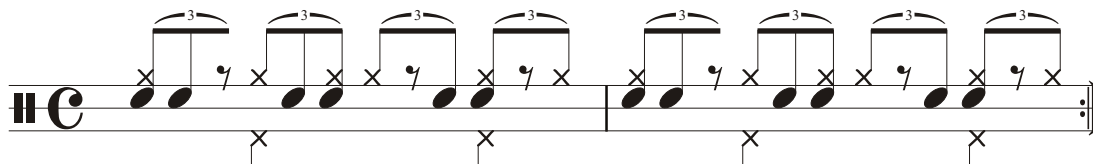
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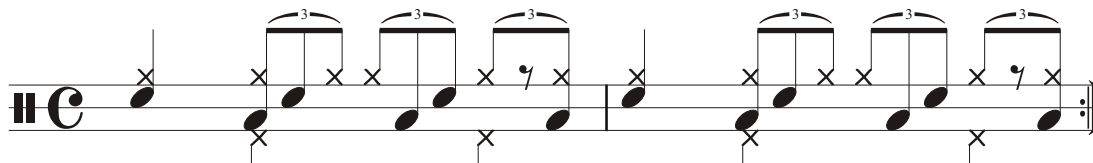
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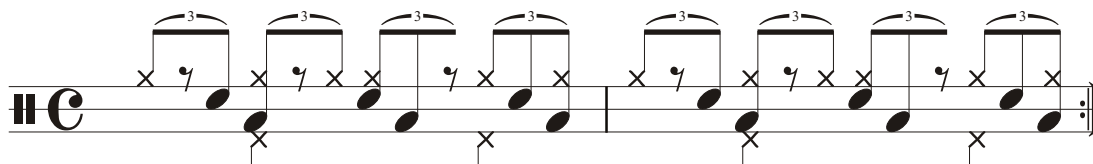
variation 5



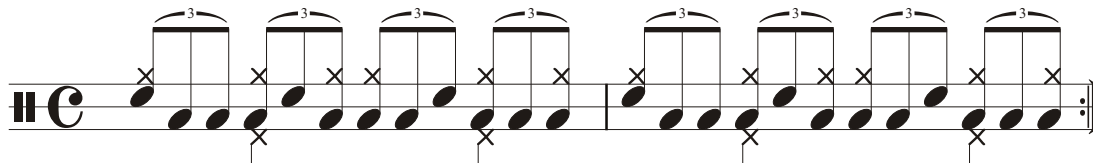
variation 6



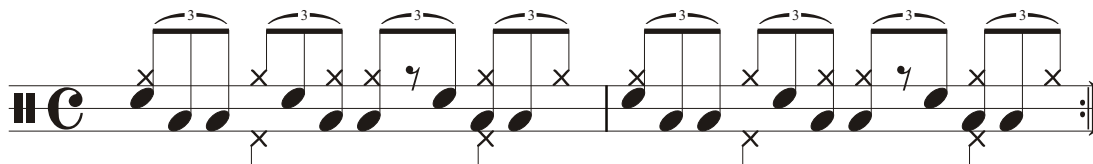
variation 7



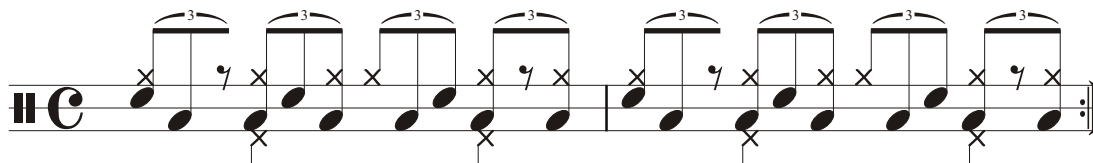
17



variation 1



variation 2



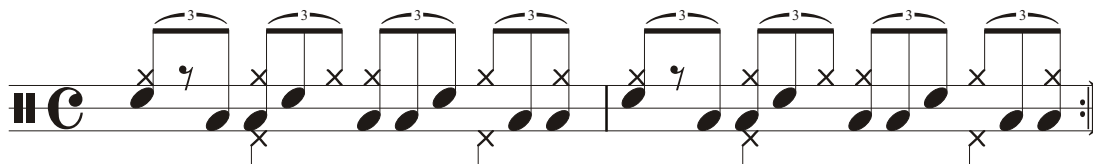
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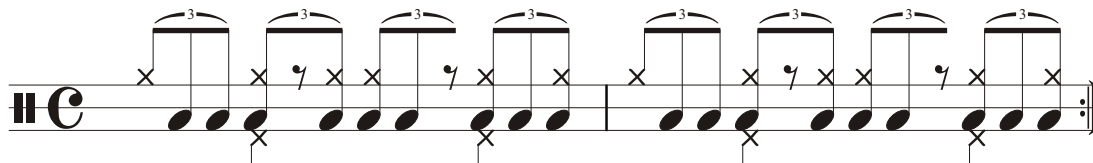
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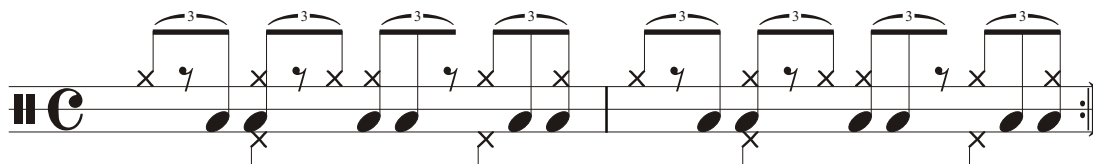
variation 3



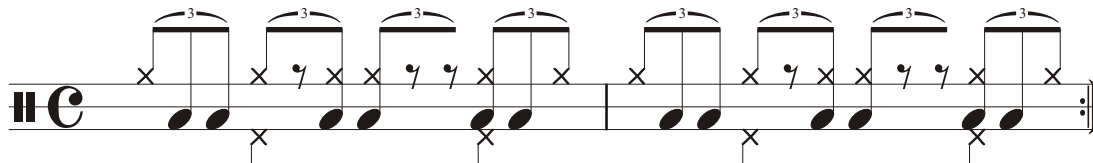
variation 4



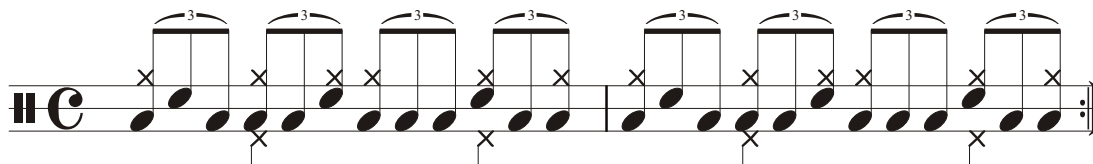
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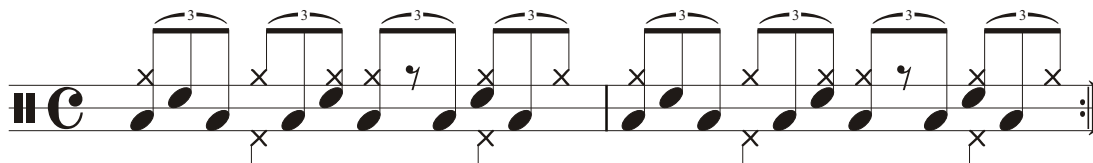
variation 6



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variation 1



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variation 1

variation 2

variation 3

variation 4

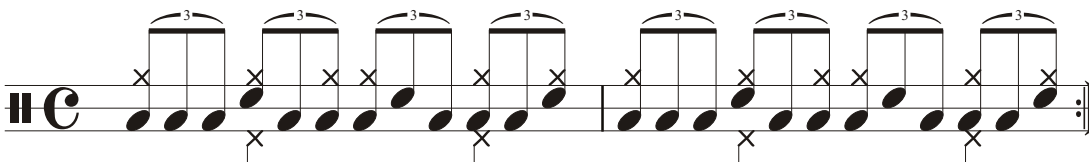
variation 5

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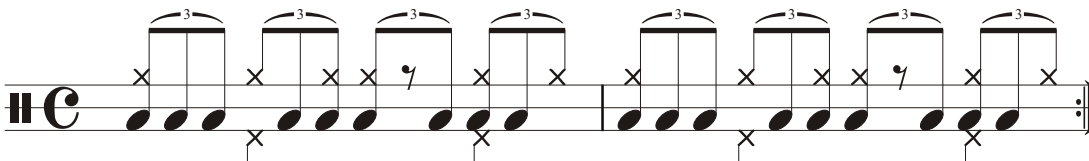
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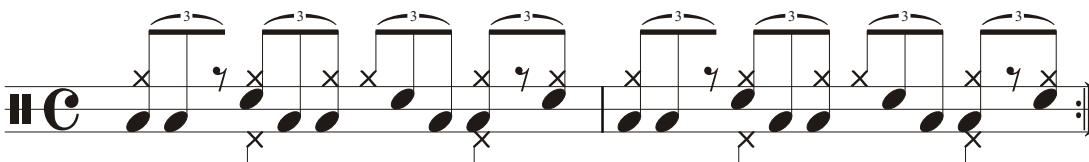
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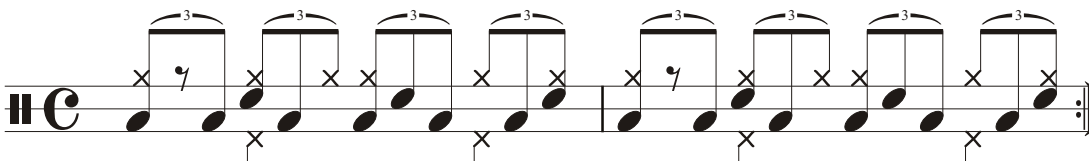
variation 1



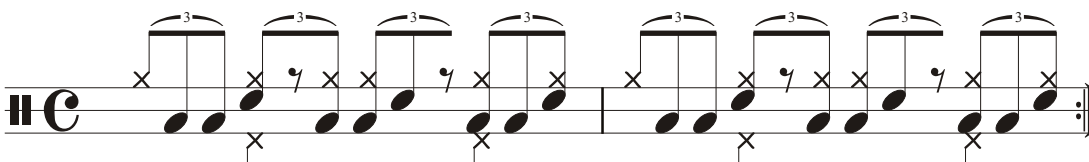
variation 2

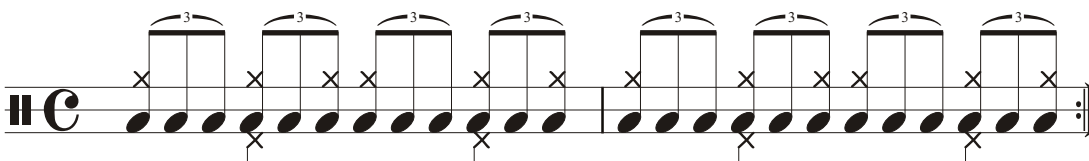


variation 3



variation 4



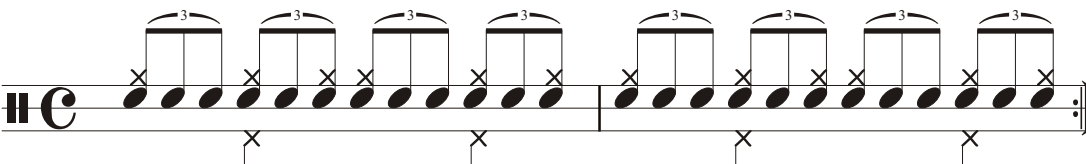
21 

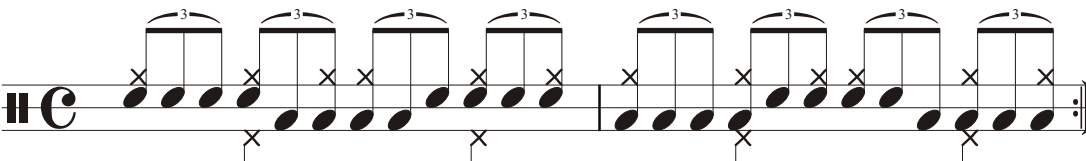
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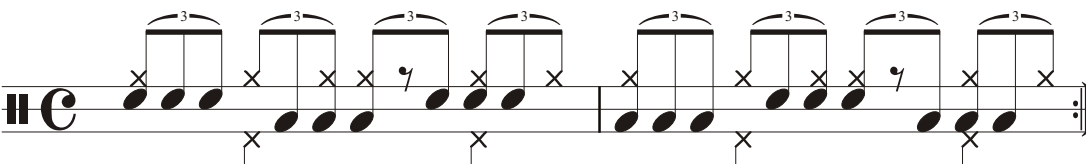
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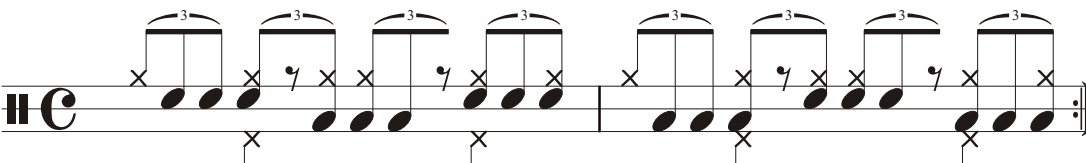
22 

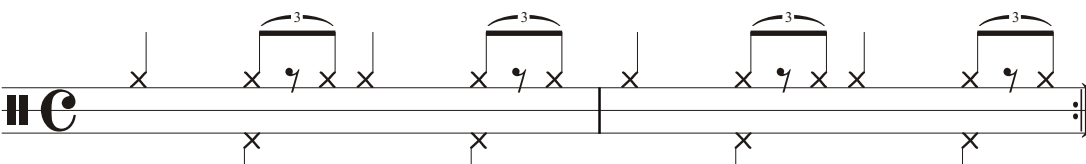
23 

variation 1



variation 2



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